

NO.1

Abergele Youth Den

DECEMBER 2024

WELCOME TO OUR

Newsletter



An Update

We've been working behind the scenes to bring you a brand-new website and reimagined social media pages, all under our refreshed and rebranded name: **Abergele Youth Den!**This new identity was created in collaboration with our young people, and you can learn more about the meaning and inspiration behind it inside this newsletter.

We're thrilled to embark on this journey and can't wait to see where 2025 takes us. Let's make it a year to remember!

In this newsletter:

Latest projects, workshops, general information, and more.

Keep Reading!

Add to your calendar:

February half term Monday 24th February to Friday 28th February

Easter half term

Monday 14th April to Friday 25th April



<u>Christmas Party</u>

FRIDAY FEELING

We had an amazing time celebrating at the Abergele Youth Den Christmas Party!

Find out more via the website



Carol Singing

DEN PERFORMERS

Some of our talented young people from Den Performers, our Thursday after-school group, recently visited Hafod y Parc Home to sing for their residents.

<u>To join register on our website</u> <u>www.abergeleyouthden.co.uk</u>



Our Rebrand

THE STORY BEHIND OUR REBRAND

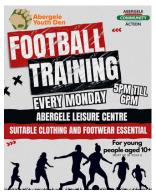
We're thrilled to share the inspiration and meaning behind our rebrand to **Abergele Youth**Den – a name and identity created with input from our amazing young people.

The journey began with a desire to connect with The Hive at Abergele Community Action, where people can access support. This led to discussions about bees, honey, and the nurturing and supportive symbolism they bring. From there, the group explored the idea of bears and how they leave their mark wherever they go – inspiring our logo, which features a bear footprint to symbolize making a lasting impact. Naturally, the next question was: Where do bears live? In a den, of course! This became the foundation of our name, emphasizing a safe, welcoming, and creative space for all young people.

The colors we chose – warm, earthy tones – reflect the great outdoors and a connection to nature. The entire rebrand aligns with the 5 Ways to Wellbeing, promoting a holistic and positive approach to mental health and personal growth.

This rebrand is more than a new name – it's a vision for the future, and we're so excited to share it with you!

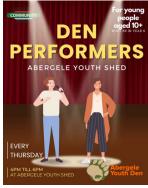














General Sessions Are Back

RUNNING UNTIL FEBRUARY HALF TERM

At Abergele Youth Den, we offer a variety of sessions for young people aged 10+ (in Year 6), with Friday Feeling available for those aged 12+.

Get involved in our **Craft and Wellbeing** sessions, where you can relax, get creative, and focus on your mental health. For those who enjoy sports, our **Football** session is back, offering fun and fitness.

Our I Can sessions help build confidence

and personal development, empowering you to try new things. Start your day with **Breakfast Club**, a welcoming environment with food, fun, and friendly faces. Dive into technology at our **Digital Den**, where you can explore new skills and get hands-on with digital creativity. If you love performing, **Den Performers** is the perfect space to express yourself and showcase your talents. Finally, don't miss **Friday Feeling**, an exciting way to end the week with energy, music, and a great atmosphere!

How to join us?

Becoming a part of Abergele Youth Den is easy!

Visit our website for all the information you need about our sessions and activities.

You'll find:

- A Consent Form to register as a member.
- A Sign-Up Form to secure your spot for weekly sessions.

Whether you're new or returning, we can't wait to welcome you into our community!

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www.abergeleyouthden.co.uk