

Abergele Youth Den

NO.2

Abergele Youth Den

MARCH 2025

WELCOME TO OUR

Newsletter



We'll Miss You Sarah!!

This term, we're saying goodbye to Sarah, and we know she'll be missed by so many!

Sarah has been an incredible asset to Abergele Youth Den, inspiring so many young people with her dedication, kindness, and passion for making a difference. She will be truly missed by both staff and young people alike.

Thank you, Sarah, for everything you have done—you leave behind a lasting impact, and we wish you all the best in your next adventure!

In this newsletter:

Latest projects, workshops, general information, and more.
Keep Reading!

Add to your calendar:

February half term
Monday 24th February to Friday 28th February

Easter half term
Monday 14th April to Friday 25th April

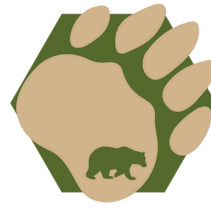


Thank You Sarah!

“I’m a better version of myself and you have really helped me, thank you so much”

“I wish you didn’t have to leave”

“Thanks for everything Sarah”



Abergele Youth Den

February half term!

FROM HYGGE TO FOREST SCHOOL
Our half term consisted of 4 full days of activity with everyone sharing lunch together.

Monday - Hygge (Some of the team definitely had to look this one up!) We embraced the art of slowing down, relaxing, and enjoying life’s quieter pleasures. From crafting clay gonks to cooking and woodwork, it was a wholesome start to the week.

Tuesday - Crystal Maze - The competition was fierce, and the team names? Absolutely wild! Each group tackled tricky challenges, but in the end, SMEF took home the win! Well done to everyone for getting stuck in and giving it their all!

Wednesday - Games and Movie - We kicked things off with an epic gaming session, featuring the Wii, older consoles, PlayStation, and even a classic game of Hangman! After plenty of friendly competition and laughter, we wound down with a great movie to end the day on a chilled note.

Thursday - Forest School

We took to the great outdoors, exploring and working together to clear up the environment. It was a brilliant way to get some fresh air, enjoy nature, and make a difference to our surroundings.

There are some pictures from our adventures on the website!

<https://abergeleyouthden.co.uk/school-holidays/>

Funded by UK Government

MOVING FORWARD
To Pursue Your Dream

CONWY

A tailored pre-employment programme for 16-20 year olds:

- ☆ Placement Opportunities
- ☆ Develop your work image
- ☆ Team Building
- ☆ Mental Health Support
- ☆ Confidence Development
- ☆ A warm space
- ☆ Find your work self
- ☆ Interview Skills
- ☆ CV writing
- ☆ Lunch Provided
- ☆ Meet new friends
- ☆ Fun activities

Every Friday 10am-3pm for 6 weeks starting on 17 January

Abergele Youth Den, Faenol Avenue, Abergele LL22 7HT

Enrolment Day: Friday 10 January

TO BOOK CALL 01492 576273 / 07926 071736 OR EMAIL MOVINGFORWARD.ABERGELE@GMAIL.COM

This project is funded by the UK government through the UK Shared Prosperity Fund

Abergele Youth Den

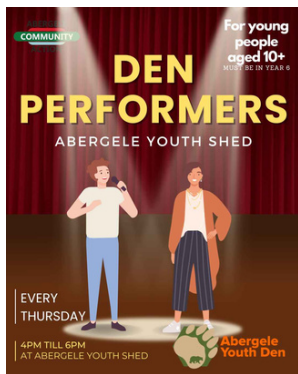
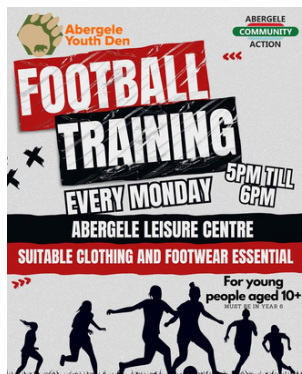
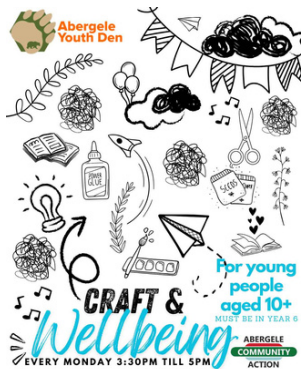
CONWY

Moving Forward

16-20 YEARS

Are you aged 16-20 or know someone who is and would benefit from our moving forward programme please get in touch by heading to the website

www.abergeleyouthden.co.uk/16-24/



General Sessions

RUNNING UNTIL EASTER HOLIDAYS

As we step into another exciting term at Abergele Youth Den, we're thrilled to continue offering a wide range of engaging activities for young people aged 10+ (in Year 6), with our popular Friday Feeling session available for those aged 12+.

This term, we're bringing back all the sessions you know and love, giving you plenty of opportunities to develop new skills, meet friends, and have fun!

Our **Craft and Wellbeing** sessions remain a highlight, providing a relaxing space to express your creativity while focusing on mental health and mindfulness. In football training we've seen some amazing teamwork, with players supporting and encouraging one another on and off the pitch. It's been fantastic to watch skills

improve and confidence grow. Our **I Can** sessions are all about empowerment and personal growth. We've seen participants stepping out of their comfort zones, tackling new challenges, and gaining confidence in themselves.

Breakfast Club continues to provide a welcoming start to the morning, with good food and great company. We've loved seeing friendships grow over breakfast and hearing all about your plans for the day ahead. At **Digital Den**, young people have been diving into technology, learning new skills in coding, gaming, and digital creativity. Our **Den Performers** sessions are all about boosting confidence through drama-based activities. There's no better way to wrap up the week than with **Friday Feeling!** With music, games, and a vibrant atmosphere

How to join us?

Becoming a part of Abergele Youth Den is easy!

Visit our website for all the information you need about our sessions and activities.

You'll find:

- A Consent Form to register as a member.
- A Sign-Up Form to secure your spot for weekly sessions.

Whether you're new or returning, we can't wait to welcome you into our community!

@abergeleyouthden | jamie@abergeleyouthden.co.uk

www.abergeleyouthden.co.uk